

St Luke's Bake Off Hero

Ready, steady, bake!



St Luke's
CHESHIRE HOSPICE

Dust off your apron, pick up your rolling pin and get baking for
St Luke's Bake Off Hero Challenge and Cake Sale!

Soak up the atmosphere on **Sunday 9th June at Burland Hall Country Fair, Nantwich**, where you will display your tasty creations to the judges for the chance to take the coveted title of **Bake Off Hero!**

This is your chance to show off your baking skills for a wonderful cause. You can bake anything sweet such as a full cake, cupcakes, biscuits or brownies - it's entirely up to you!

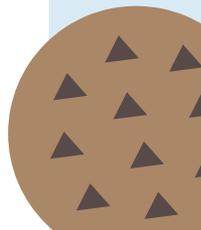
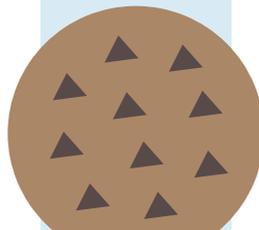
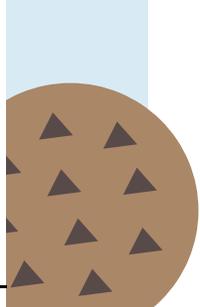
The categories include:

- Childhood memories
- Biscuits and cookies
- Chocolate (the more the better!)
- Traditional/Classic (Victoria sponge, lemon drizzle, etc)

How will it work?

Points will be rewarded based on your interpretation of the **theme, the taste and aesthetics.**

Entry is **FREE** but all bakes will go on sale after judging to help raise money for our Hospice. Don't want to enter the competition? No problem, we'd still love to have your wonderful bakes to sell at the bake sale!



Judging



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All entries for the **Bake Off Hero** competition should be delivered to **Burland Hall** between **midday and 1pm on Sunday 9th June**.

Judging will take place in **two stages**.

ROUND ONE: Between 1pm and 2pm, a panel of judges consisting of charity champions and fundraising staff will shortlist their Top Three in each of the categories. All of the bakes that are not shortlisted will be entered into our bake sale with all proceeds to St Luke's.

ROUND TWO: A panel of judges made up of a member of the executive team and special guests will then judge the finalists in the gardens between 2pm and 2:30pm.

The winners in each category will be announced at 2:30pm.

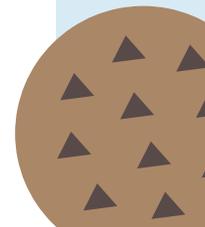
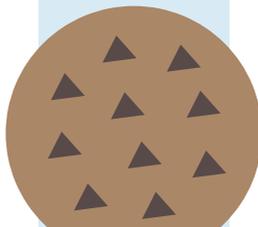
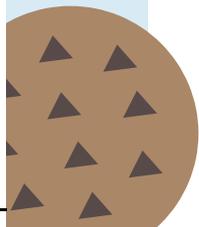
The judges verdict is final!

2nd and 3rd place rosettes will be presented to all finalists in each category and a Bake Off Hero Cup to the Ultimate Champion in each category.

The winning bakes will go on sale at 2:30pm.

**Thank you for entering our
Bake Off Hero Challenge and sale.
We look forward to seeing all of your
incredible creations!**

**Thank
you**

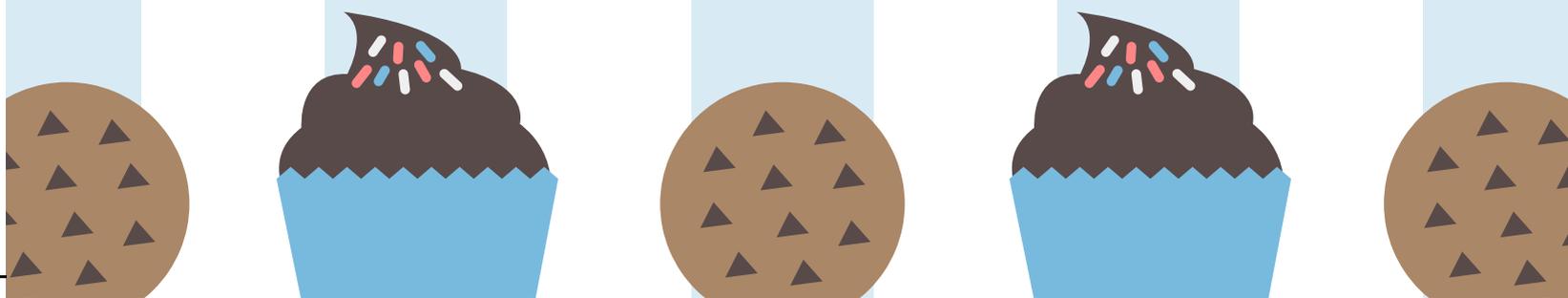


Bake Off Rules



1. All entries must be accompanied by a completed entry form which you will be asked to fill in when you drop off your entry. We will need the name of your baked good (e.g. Lemon Meringue Cupcakes), your name, email and contact telephone number.
2. Each contestant may enter only one item per category.
3. All baked goods must be fully baked and complete.
4. All entries must be your own work and no shop bought/box mixes may be used.
5. If entering a cake, please enter an entire cake.
6. If entering cupcakes, please enter six cupcakes of similar size and shape.
7. If entering biscuits, please enter six biscuits of similar size and shape.

Please note: All entries will be sold during the course of the day to raise money for St Luke's. Please provide us with a list of ingredients used to accompany your entry.



Health and Safety



When taking part it is really important to keep it safe for you and everyone supporting. Please consider:

Allergies:

When cooking with allergenic foods such as nuts and wheat, make sure you clearly label the ingredients in your baked goods so people are well aware of what is in the products. It is also important to separate allergens and utensils which have been in contact with them, so that there is no contamination between your baked goods.

High risk foods:

Any baking including dairy or meat products is considered high risk. When cooking with these you need to be particularly cautious to make sure they are cooked thoroughly and once cooled, refrigerated until sold.

Freshness and use by dates:

Bake your food as close to the day as possible so that they can be enjoyed at their freshest and safest. Once baked, it's a good idea to label all your baked goods with use by dates to reduce the risk of anyone eating your treats after their best.

Identify if your food has any of these 14 allergens:

Celery **Eggs** **Fish** **Lupin** **Milk** **Molluscs** **Mustard**
Nuts **Peanuts** **Soybeans** **Sulphur dioxide** **Sesame seeds/oil**
Crustaceans **Cereals containing gluten**

